✏️ MY TURN – Planning my day

Use this daily planner to help you plan your day. Planning you day can help you manage your energy levels and help you pace activities through the day.

Time	Activity	Jobs/tasks
07:00		
08:00		
09:00		
10:00		
11:00		
12:00		
13:00		
14:00		
15:00		
16:00		
17:00		
18:00		
19:00		**Notes:**
20:00		
21:00		
22:00		

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